

Q280. Respondent Age.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
17	78 5%
18	797 53%
19	416 28%
20	211 14%
MEAN	18.5
STD. DEV.	0.80
STD. ERR.	0.02
MEDIAN	18
Sigma	1502 100%

Q601. What is your sex assigned at birth (what the doctor put on your birth certificate)?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Male	702 47%
Female	800 53%
Sigma	1502 100%

Q602. What is your gender?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Male	701 47%
Female	789 53%
Transgender	14 1%
Another gender not listed	11 1%
Sigma	1515 101%

Q625. In which state is the school you are currently attending located?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
East	326 22%
Midwest	330 22%
South	463 31%
West	382 25%
Sigma	1501 100%

Q700. From what type of high school did you graduate?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Public school (including charter or magnet schools)	1289 86%
Private religious/parochial school	100 7%
Private independent college-prep school	50 3%
Home school	46 3%
Boarding school	11 1%
I did not graduate high school but received a GED	7 *
I did not graduate high school and did not receive a GED	-
Sigma	1502 100%

Q705. In what state did you attend high school?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
East	320 21%
Midwest	336 22%
South	444 30%
West	385 26%
Outside of US	16 1%
Sigma	1501 100%

Q711_1. During your final year in high school how many hours per week did you spend on each of the following?
 1. Extracurricular activities (e.g., sports, clubs, band/choir, student government, church group, volunteerism, etc.)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
15 HOURS OR LESS (NET)	1156 77%
None, I did not participate in that activity	181 12%
1-5 hours	413 27%
6-10 hours	322 21%
11-15 hours	240 16%
MORE THAN 15 HOURS (NET)	346 23%
16-20 hours	143 10%
21-30 hours	88 6%
More than 30 hours	115 8%
MEAN (Incl. 0)	10.1
STD. DEV. (Incl. 0)	8.86
STD. ERR. (Incl. 0)	0.23
MEDIAN (Incl. 0)	8
MEAN (Excl. 0)	11.5
STD. DEV. (Excl. 0)	8.56
STD. ERR. (Excl. 0)	0.23
MEDIAN (Excl. 0)	8
Sigma	4325 288%

Q711_2. During your final year in high school how many hours per week did you spend on each of the following?
 2. An internship or job

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
15 HOURS OR LESS (NET)	1243 83%
None, I did not participate in that activity	749 50%
1-5 hours	190 13%
6-10 hours	164 11%
11-15 hours	140 9%
MORE THAN 15 HOURS (NET)	259 17%
16-20 hours	122 8%
21-30 hours	75 5%
More than 30 hours	63 4%
MEAN (Incl. 0)	6.4
STD. DEV. (Incl. 0)	8.87
STD. ERR. (Incl. 0)	0.23
MEDIAN (Incl. 0)	8
MEAN (Excl. 0)	12.9
STD. DEV. (Excl. 0)	8.63
STD. ERR. (Excl. 0)	0.31
MEDIAN (Excl. 0)	8
Sigma	3757 250%

Q721. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school?

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SUMMARY TABLE OF BETTER THAN OTHER STUDENTS

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Your academic performance	1053 70%
Your physical health	628 42%
Your emotional health (e.g., self-esteem, sense of self, general mood and stress level, control of your emotions and behavior, etc.)	589 39%
Your social life	504 34%

Q721. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school?

SUMMARY TABLE OF WORSE THAN OTHER STUDENTS

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Your emotional health (e.g., self-esteem, sense of self, general mood and stress level, control of your emotions and behavior, etc.)	479 32%
Your social life	432 29%
Your physical health	250 17%
Your academic performance	117 8%

Q721_1. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school?

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Table 11

1. Your physical health

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
BETTER THAN OTHER STUDENTS (NET)	628
Much better than other students	236 16%
Somewhat better than other students	392 26%
About the same as other students	624 42%
WORSE THAN OTHER STUDENTS (NET)	250
Somewhat worse than other students	206 14%
Much worse than other students	44 3%
Sigma	1502 100%

Q721_2. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school?

2. Your emotional health (e.g., self-esteem, sense of self, general mood and stress level, control of your emotions and behavior, etc.)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
BETTER THAN OTHER STUDENTS (NET)	589
Much better than other students	216 14%
Somewhat better than other students	373 25%
About the same as other students	435 29%
WORSE THAN OTHER STUDENTS (NET)	479
Somewhat worse than other students	324 22%
Much worse than other students	154 10%
Sigma	1502 100%

Q721_3. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school?

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Table 13

3. Your academic performance

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
BETTER THAN OTHER STUDENTS (NET)	1053
Much better than other students	453 30%
Somewhat better than other students	600 40%
About the same as other students	332 22%
WORSE THAN OTHER STUDENTS (NET)	117
Somewhat worse than other students	95 6%
Much worse than other students	22 1%
Sigma	1502 100%

Q721_4. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school?

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Table 14

4. Your social life

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
BETTER THAN OTHER STUDENTS (NET)	504
Much better than other students	147 10%
Somewhat better than other students	357 24%
About the same as other students	565 38%
WORSE THAN OTHER STUDENTS (NET)	432
Somewhat worse than other students	329 22%
Much worse than other students	104 7%
Sigma	1502 100%

Q730. Which of the following activities, if any, did you typically do when you felt overwhelmed or stressed during your final year in high school?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Watched TV/spent time online/played video games	1119 75%
Slept	1088 72%
Hung out with friends	988 66%
Stayed up late	882 59%
Spent time on a hobby (e.g., crafting, reading, woodwork, etc.)	872 58%
Talked to someone about it	703 47%
Exercised (e.g., played sports, yoga, jogging, etc.)	679 45%
Studied	444 30%
Practiced coping skill exercises (e.g., deep breathing, meditate)	355 24%
DRUG AND ALCOHOL USE (NET)	303 20%
Drank alcohol	222 15%
Used drugs (e.g., marijuana, cocaine, ecstasy, etc.)	185 12%
Smoked cigarettes/used tobacco	129 9%
Used prescription drugs that were not prescribed to you (e.g., Vicodin, Adderall, Xanax, etc.)	54 4%
Increased risk-taking activities (e.g., driving fast/recklessly, driving under the influence, risky sexual behavior)	170 11%
Something else	59 4%
Nothing	11 1%
POSITIVE ACTIVITIES (NET)	1383 92%
NEGATIVE ACTIVITIES (NET)	960 64%
Sigma	7959 530%

Q740. In which of the following ways, if any, did you prepare yourself for attending college/university during your final year in high school?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
ANY (NET)	1450 97%
LIFESTYLE UPDATES (SUB-NET)	1117 74%
Tried to manage my time better/stopped procrastinating	810 54%
Went to sleep at a reasonable time without being told to	459 31%
Learned housekeeping skills (e.g., cooking, laundry, cleaning, etc.)	455 30%
Made a financial plan	421 28%
Visited colleges/universities	1019 68%
Took AP classes	819 54%
Talked to someone about what the experience would be like	809 54%
Researched the topic online (e.g., blogs, websites, social media, etc.)	763 51%
Got a job/internship	491 33%
Reached out to other incoming freshman at the college/university to which I would be going	372 25%
Applied for scholarships/grants	1
Other	19 1%
Nothing	52 3%
Sigma	6491 432%

Q751. How much do you agree or disagree with the following statements?

SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
In high school, there was more emphasis placed on being ready academically for college than being ready emotionally.	1301 87%
I felt a great deal of pressure to go to a well-known college/university.	858 57%
My high school placed greater emphasis on college prestige than college fit.	786 52%
My parent(s)/guardian(s) heavily influenced my college/university choice.	773 51%

Q751. How much do you agree or disagree with the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
My parent(s)/guardian(s) heavily influenced my college/university choice.	729 49%
My high school placed greater emphasis on college prestige than college fit.	716 48%
I felt a great deal of pressure to go to a well-known college/university.	644 43%
In high school, there was more emphasis placed on being ready academically for college than being ready emotionally.	201 13%

Q751_1. How much do you agree or disagree with the following statements?
1. My parent(s)/guardian(s) heavily influenced my college/university choice.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	773 51%
Strongly agree	281 19%
Somewhat agree	492 33%
STRONGLY/ SOMEWHAT DISAGREE (NET)	729 49%
Somewhat disagree	419 28%
Strongly disagree	310 21%
Sigma	1502 100%

Q751_2. How much do you agree or disagree with the following statements?

2. I felt a great deal of pressure to go to a well-known college/university.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	858 57%
Strongly agree	357 24%
Somewhat agree	501 33%
STRONGLY/ SOMEWHAT DISAGREE (NET)	644 43%
Somewhat disagree	371 25%
Strongly disagree	273 18%
Sigma	1502 100%

Q751_3. How much do you agree or disagree with the following statements?
3. My high school placed greater emphasis on college prestige than college fit.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	786 52%
Strongly agree	232 15%
Somewhat agree	555 37%
STRONGLY/ SOMEWHAT DISAGREE (NET)	716 48%
Somewhat disagree	507 34%
Strongly disagree	208 14%
Sigma	1502 100%

Q751_4. How much do you agree or disagree with the following statements?

4. In high school, there was more emphasis placed on being ready academically for college than being ready emotionally.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	1301 87%
Strongly agree	724 48%
Somewhat agree	577 38%
STRONGLY/ SOMEWHAT DISAGREE (NET)	201 13%
Somewhat disagree	147 10%
Strongly disagree	54 4%
Sigma	1502 100%

Q1041. Which of the following, if any, describes you?
 SUMMARY TABLE OF YES

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
PARENTAL FINANCIAL SUPPORT (NET)	1320 88%
My parents are helping to support me financially while I'm in college (e.g., for food, laundry, groceries, books, etc.)	1252 83%
My parents are helping me pay for my college tuition.	1010 67%
SCHOOL TRANSFER-RELATED (NET)	434 29%
I seriously considered transferring schools at some point during my first term of college/university but didn't.	372 25%
I transferred to a different school after my first term of college/university.	62 4%
I considered not going to college.	413 28%
Prior to college, I had lived away from home for more than one month (e.g., sleepaway camp, boarding school, vacation without immediate family members, etc.).	277 18%
I took a year or more between high school and beginning college/university.	158 11%
I have a physical condition or limitation.	123 8%
GREEK ACTIVITY (NET)	115 8%
I pledged a fraternity or sorority during my first term of college/university.	70 5%
I am currently pledging a fraternity or sorority.	45 3%
I took a leave of absence or withdrawal after my first term of college/university.	113 8%
I have been diagnosed with a learning disability.	110 7%

Q1041. Which of the following, if any, describes you?
SUMMARY TABLE OF YES

Base: Qualified Respondents

	Total
Weighted Base	1502
I played a college varsity/junior varsity sport during my first term of college/university.	100 7%

Q1041_1. Which of the following, if any, describes you?
1. I pledged a fraternity or sorority during my first term of college/university.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	70 5%
NO	1432 95%
Sigma	1502 100%

Q1041_2. Which of the following, if any, describes you?
2. I am currently pledging a fraternity or sorority.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	45 3%
NO	1457 97%
Sigma	1502 100%

Q1041_3. Which of the following, if any, describes you?

3. I transferred to a different school after my first term of college/university.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	62 4%
NO	1440 96%
Sigma	1502 100%

Q1041_4. Which of the following, if any, describes you?

4. I seriously considered transferring schools at some point during my first term of college/university but didn't.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	372 25%
NO	1130 75%
Sigma	1502 100%

Q1041_5. Which of the following, if any, describes you?

5. I played a college varsity/junior varsity sport during my first term of college/university.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	100 7%
NO	1402 93%
Sigma	1502 100%

Q1041_6. Which of the following, if any, describes you?

6. Prior to college, I had lived away from home for more than one month (e.g., sleepaway camp, boarding school, vacation without immediate family members, etc.).

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	277 18%
NO	1225 82%
Sigma	1502 100%

Q1041_7. Which of the following, if any, describes you?
7. I took a year or more between high school and beginning college/university.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	158 11%
NO	1344 89%
Sigma	1502 100%

Q1041_8. Which of the following, if any, describes you?
8. I took a leave of absence or withdrawal after my first term of college/university.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	113 8%
NO	1389 92%
Sigma	1502 100%

Q1041_9. Which of the following, if any, describes you?
9. I considered not going to college.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	413 28%
NO	1089 72%
Sigma	1502 100%

Q1041_10. Which of the following, if any, describes you?
10. I have been diagnosed with a learning disability.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	110 7%
NO	1392 93%
Sigma	1502 100%

Q1041_11. Which of the following, if any, describes you?
11. I have a physical condition or limitation.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	123 8%
NO	1379 92%
Sigma	1502 100%

Q1041_12. Which of the following, if any, describes you?
12. My parents are helping me pay for my college tuition.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	1010 67%
NO	492 33%
Sigma	1502 100%

Q1041_13. Which of the following, if any, describes you?

13. My parents are helping to support me financially while I'm in college (e.g., for food, laundry, groceries, books, etc.)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
YES	1252 83%
NO	250 17%
Sigma	1502 100%

Q871. How challenging did you expect each of the following to be before you started college/university?

SUMMARY TABLE OF AT LEAST SOMEWHAT CHALLENGING

Base: Base Varies

	Total
Your academic workload/getting good grades	1256 84%
Balancing schoolwork and other responsibilities such as a job, extracurricular activities, etc	1206 80%
Paying for college expenses (e.g., tuition, school supplies, food, etc.)	1194 79%
Managing a learning disability [ASKED ONLY IF HAVE A LEARNING DISABILITY]	86 78%
Maintaining physical health (e.g., getting exercise, getting enough sleep, eating healthy/balanced diet, etc.)	1061 71%
Making new friends/meeting new people	1024 68%
Keeping in touch with friends and family not at my college/university	991 66%
Living with others (e.g., shared bathrooms, having a roommate, lack of privacy) [ASKED ONLY IF LIVING IN GROUP HOUSING]	565 64%
Maintaining/starting a romantic relationship	968 64%
Managing a physical disability [ASKED ONLY IF HAVE A PHYSICAL DISABILITY]	71 58%
Being independent (i.e., living on your own, etc.)	834 56%
Dealing with the emotional health issues of a friend or roommate	782 52%
Being alone	707 47%
Dealing with situations related to sex and sexuality	588 39%
Exposure to and pressure to use alcohol, drugs, or other substances	455 30%

Q871. How challenging did you expect each of the following to be before you started college/university?

SUMMARY TABLE OF EXTREMELY/VERY CHALLENGING

Base: Base Varies

	Total
Paying for college expenses (e.g., tuition, school supplies, food, etc.)	768 51%
Your academic workload/getting good grades	759 51%
Balancing schoolwork and other responsibilities such as a job, extracurricular activities, etc	660 44%
Managing a learning disability [ASKED ONLY IF HAVE A LEARNING DISABILITY]	44 40%
Maintaining/starting a romantic relationship	519 35%
Making new friends/meeting new people	514 34%
Maintaining physical health (e.g., getting exercise, getting enough sleep, eating healthy/balanced diet, etc.)	443 30%
Keeping in touch with friends and family not at my college/university	418 28%
Living with others (e.g., shared bathrooms, having a roommate, lack of privacy) [ASKED ONLY IF LIVING IN GROUP HOUSING]	240 27%
Being independent (i.e., living on your own, etc.)	334 22%
Being alone	300 20%
Managing a physical disability [ASKED ONLY IF HAVE A PHYSICAL DISABILITY]	22 18%
Dealing with the emotional health issues of a friend or roommate	265 18%
Dealing with situations related to sex and sexuality	207 14%
Exposure to and pressure to use alcohol, drugs, or other substances	152 10%

Q871. How challenging did you expect each of the following to be before you started college/university?

SUMMARY TABLE OF NOT VERY/NOT AT ALL CHALLENGING

Base: Base Varies

	Total
Exposure to and pressure to use alcohol, drugs, or other substances	1047 70%
Dealing with situations related to sex and sexuality	914 61%
Being alone	795 53%
Dealing with the emotional health issues of a friend or roommate	720 48%
Being independent (i.e., living on your own, etc.)	668 44%
Managing a physical disability [ASKED ONLY IF HAVE A PHYSICAL DISABILITY]	52 42%
Maintaining/starting a romantic relationship	534 36%
Living with others (e.g., shared bathrooms, having a roommate, lack of privacy) [ASKED ONLY IF LIVING IN GROUP HOUSING]	311 36%
Keeping in touch with friends and family not at my college/university	511 34%
Making new friends/meeting new people	478 32%
Maintaining physical health (e.g., getting exercise, getting enough sleep, eating healthy/balanced diet, etc.)	441 29%
Managing a learning disability [ASKED ONLY IF HAVE A LEARNING DISABILITY]	25 22%
Paying for college expenses (e.g., tuition, school supplies, food, etc.)	308 21%
Balancing schoolwork and other responsibilities such as a job, extracurricular activities, etc	296 20%
Your academic workload/getting good grades	246 16%

Q871_1. How challenging did you expect each of the following to be before you started college/university?
1. Living with others (e.g., shared bathrooms, having a roommate, lack of privacy)

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Base: Qualified Respondents Living In Group Housing

	Total
Unweighted Base	952
Weighted Base	876
AT LEAST SOMEWHAT CHALLENGING (NET)	565 64%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	240 27%
Extremely challenging	75 9%
Very challenging	165 19%
Somewhat challenging	325 37%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	311 36%
Not very challenging	224 26%
Not at all challenging	87 10%
Sigma	876 100%

Q871_2. How challenging did you expect each of the following to be before you started college/university?
 2. Making new friends/meeting new people

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Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	1024 68%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	514 34%
Extremely challenging	191 13%
Very challenging	323 21%
Somewhat challenging	510 34%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	478 32%
Not very challenging	294 20%
Not at all challenging	184 12%
Sigma	1502 100%

Q871_3. How challenging did you expect each of the following to be before you started college/university?
 3. Balancing schoolwork and other responsibilities such as a job, extracurricular activities, etc

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Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	1206 80%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	660 44%
Extremely challenging	205 14%
Very challenging	455 30%
Somewhat challenging	546 36%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	296 20%
Not very challenging	215 14%
Not at all challenging	80 5%
Sigma	1502 100%

Q871_4. How challenging did you expect each of the following to be before you started college/university?
 4. Being independent (i.e., living on your own, etc.)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	834 56%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	334 22%
Extremely challenging	91 6%
Very challenging	244 16%
Somewhat challenging	500 33%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	668 44%
Not very challenging	388 26%
Not at all challenging	280 19%
Sigma	1502 100%

Q871_5. How challenging did you expect each of the following to be before you started college/university?

5. Paying for college expenses (e.g., tuition, school supplies, food, etc.)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	1194 79%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	768 51%
Extremely challenging	372 25%
Very challenging	395 26%
Somewhat challenging	426 28%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	308 21%
Not very challenging	184 12%
Not at all challenging	125 8%
Sigma	1502 100%

Q871_6. How challenging did you expect each of the following to be before you started college/university?
 6. Maintaining physical health (e.g., getting exercise, getting enough sleep, eating healthy/balanced diet, etc.)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	1061 71%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	443 30%
Extremely challenging	130 9%
Very challenging	313 21%
Somewhat challenging	618 41%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	441 29%
Not very challenging	294 20%
Not at all challenging	147 10%
Sigma	1502 100%

Q871_7. How challenging did you expect each of the following to be before you started college/university?

7. Keeping in touch with friends and family not at my college/university

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	991 66%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	418 28%
Extremely challenging	132 9%
Very challenging	286 19%
Somewhat challenging	574 38%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	511 34%
Not very challenging	327 22%
Not at all challenging	184 12%
Sigma	1502 100%

Q871_8. How challenging did you expect each of the following to be before you started college/university?
 8. Your academic workload/getting good grades

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Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	1256 84%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	759 51%
Extremely challenging	236 16%
Very challenging	524 35%
Somewhat challenging	497 33%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	246 16%
Not very challenging	156 10%
Not at all challenging	90 6%
Sigma	1502 100%

Q871_9. How challenging did you expect each of the following to be before you started college/university?

9. Exposure to and pressure to use alcohol, drugs, or other substances

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	455 30%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	152 10%
Extremely challenging	49 3%
Very challenging	104 7%
Somewhat challenging	303 20%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	1047 70%
Not very challenging	488 32%
Not at all challenging	559 37%
Sigma	1502 100%

Q871_10. How challenging did you expect each of the following to be before you started college/university?

14 Aug 2015
 Table 49

10. Maintaining/starting a romantic relationship

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	968 64%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	519 35%
Extremely challenging	218 14%
Very challenging	302 20%
Somewhat challenging	448 30%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	534 36%
Not very challenging	287 19%
Not at all challenging	248 16%
Sigma	1502 100%

Q871_11. How challenging did you expect each of the following to be before you started college/university?

14 Aug 2015
 Table 50

11. Managing a learning disability

Base: Qualified Respondents W/ Learning Disability

	Total
Unweighted Base	118
Weighted Base	110
AT LEAST SOMEWHAT CHALLENGING (NET)	86 78%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	44 40%
Extremely challenging	21 19%
Very challenging	23 21%
Somewhat challenging	42 38%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	25 22%
Not very challenging	14 13%
Not at all challenging	11 10%
Sigma	110 100%

Q871_12. How challenging did you expect each of the following to be before you started college/university?
 12. Managing a physical disability

14 Aug 2015
 Table 51

Base: Qualified Respondents W/ Physical Disability

	Total
Unweighted Base	128
Weighted Base	123
AT LEAST SOMEWHAT CHALLENGING (NET)	71 58%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	22 18%
Extremely challenging	9 7%
Very challenging	13 11%
Somewhat challenging	49 39%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	52 42%
Not very challenging	26 21%
Not at all challenging	26 21%
Sigma	123 100%

Q871_13. How challenging did you expect each of the following to be before you started college/university?
 13. Dealing with situations related to sex and sexuality

14 Aug 2015
 Table 52

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	588 39%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	207 14%
Extremely challenging	63 4%
Very challenging	145 10%
Somewhat challenging	381 25%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	914 61%
Not very challenging	493 33%
Not at all challenging	420 28%
Sigma	1502 100%

Q871_14. How challenging did you expect each of the following to be before you started college/university?
 14. Being alone

14 Aug 2015
 Table 53

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	707 47%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	300 20%
Extremely challenging	108 7%
Very challenging	192 13%
Somewhat challenging	407 27%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	795 53%
Not very challenging	426 28%
Not at all challenging	369 25%
Sigma	1502 100%

Q871_15. How challenging did you expect each of the following to be before you started college/university?
15. Dealing with the emotional health issues of a friend or roommate

14 Aug 2015
Table 54

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	782 52%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	265 18%
Extremely challenging	71 5%
Very challenging	194 13%
Somewhat challenging	517 34%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	720 48%
Not very challenging	460 31%
Not at all challenging	259 17%
Sigma	1502 100%

Q810. How would you rate your overall experience during the first term of college/university?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST FAIR (NET)	1341 89%
GOOD/EXCELLENT (SUB-NET)	888 59%
Excellent	210 14%
Good	678 45%
Fair	453 30%
TERRIBLE/POOR (NET)	161 11%
Poor	114 8%
Terrible	46 3%
Sigma	1502 100%

Q815. In a typical school week, how many hours did you spend on schoolwork during your first term of college/university?

14 Aug 2015
Table 56

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
0 - 10	336 22%
11 - 20	397 26%
21 - 30	347 23%
31 - 40	187 12%
41 - 50	85 6%
More than 50	150 10%
MEAN	28.3
STD. DEV.	24.96
STD. ERR.	0.64
MEDIAN	22
Sigma	1502 100%

Q820. What was your college grade point average (GPA) last term?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
0 - 2.5	188 13%
2.6 - 3.0	271 18%
3.1 - 3.5	381 25%
3.6 - 4.0	511 34%
Decline to answer	151 10%
MEAN	3.2
STD. DEV.	0.67
STD. ERR.	0.02
MEDIAN	3.3
Sigma	1502 100%

Q826_1. During your first term of college/university, in a typical week, how many hours per week did you spend on each of the following?

1. Extracurricular activities (e.g., sports, clubs, band/choir, student government, church group, volunteerism, etc.)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
15 HOURS OR LESS (NET)	1400 93%
None, I did not participate in that activity	589 39%
1-5 hours	496 33%
6-10 hours	206 14%
11-15 hours	108 7%
MORE THAN 15 HOURS (NET)	102 7%
16-20 hours	65 4%
21-30 hours	18 1%
More than 30 hours	18 1%
MEAN (Excl. 0)	7.4
STD. DEV. (Excl. 0)	6.27
STD. ERR. (Excl. 0)	0.20
MEDIAN (Excl. 0)	3
MEAN (Incl. 0)	4.5
STD. DEV. (Incl. 0)	6.08
STD. ERR. (Incl. 0)	0.16
MEDIAN (Incl. 0)	3
Sigma	3004 200%

Q826_2. During your first term of college/university, in a typical week, how many hours per week did you spend on each of the following?

14 Aug 2015
 Table 59

2. An internship, work-study or job

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
15 HOURS OR LESS (NET)	1303 87%
None, I did not participate in that activity	883 59%
1-5 hours	129 9%
6-10 hours	177 12%
11-15 hours	114 8%
MORE THAN 15 HOURS (NET)	199 13%
16-20 hours	103 7%
21-30 hours	64 4%
More than 30 hours	33 2%
MEAN (Excl. 0)	12.5
STD. DEV. (Excl. 0)	7.96
STD. ERR. (Excl. 0)	0.32
MEDIAN (Excl. 0)	3
MEAN (Incl. 0)	5.2
STD. DEV. (Incl. 0)	8.00
STD. ERR. (Incl. 0)	0.21
MEDIAN (Incl. 0)	3
Sigma	3004 200%

Q851. Thinking about your first term at college/university, how often did you feel...?
SUMMARY TABLE OF AT LEAST SOMETIMES

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Stressed	1351 90%
Happy	1301 87%
Overwhelmed	1269 85%
Anxious	1203 80%
Optimistic	1187 79%
Confident	1148 76%
In control	1128 75%
Lonely	936 62%
Depressed	803 53%
Angry	724 48%

Q851. Thinking about your first term at college/university, how often did you feel...?
SUMMARY TABLE OF MOST/ALL OF THE TIME

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Stressed	747 50%
Happy	688 46%
Overwhelmed	637 42%
Anxious	577 38%
Optimistic	553 37%
In control	505 34%
Confident	493 33%
Lonely	371 25%
Depressed	326 22%
Angry	153 10%

Q851. Thinking about your first term at college/university, how often did you feel...?
SUMMARY TABLE OF NEVER/RARELY

14 Aug 2015
Table 62

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Angry	778 52%
Depressed	699 47%
Lonely	566 38%
In control	374 25%
Confident	354 24%
Optimistic	315 21%
Anxious	299 20%
Overwhelmed	233 15%
Happy	201 13%
Stressed	151 10%

Q851_1. Thinking about your first term at college/university, how often did you feel...?

14 Aug 2015
Table 63

1. Optimistic

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMETIMES (NET)	1187 79%
MOST/ALL OF THE TIME (SUB-NET)	553 37%
All of the time	101 7%
Most of the time	452 30%
Sometimes	634 42%
NEVER/RARELY (NET)	315 21%
Rarely	244 16%
Never	71 5%
Sigma	1502 100%

Q851_2. Thinking about your first term at college/university, how often did you feel...?
2. Happy

14 Aug 2015
Table 64

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMETIMES (NET)	1301 87%
MOST/ALL OF THE TIME (SUB-NET)	688 46%
All of the time	103 7%
Most of the time	585 39%
Sometimes	612 41%
NEVER/RARELY (NET)	201 13%
Rarely	161 11%
Never	40 3%
Sigma	1502 100%

Q851_3. Thinking about your first term at college/university, how often did you feel...?
3. Confident

14 Aug 2015
Table 65

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMETIMES (NET)	1148 76%
MOST/ALL OF THE TIME (SUB-NET)	493 33%
All of the time	87 6%
Most of the time	406 27%
Sometimes	655 44%
NEVER/RARELY (NET)	354 24%
Rarely	299 20%
Never	55 4%
Sigma	1502 100%

Q851_4. Thinking about your first term at college/university, how often did you feel...?

14 Aug 2015
Table 66

4. In control

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMETIMES (NET)	1128 75%
MOST/ALL OF THE TIME (SUB-NET)	505 34%
All of the time	98 7%
Most of the time	407 27%
Sometimes	623 41%
NEVER/RARELY (NET)	374 25%
Rarely	313 21%
Never	62 4%
Sigma	1502 100%

Q851_5. Thinking about your first term at college/university, how often did you feel...?
5. Overwhelmed

14 Aug 2015
Table 67

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMETIMES (NET)	1269 85%
MOST/ALL OF THE TIME (SUB-NET)	637 42%
All of the time	176 12%
Most of the time	462 31%
Sometimes	632 42%
NEVER/RARELY (NET)	233 15%
Rarely	188 12%
Never	45 3%
Sigma	1502 100%

Q851_6. Thinking about your first term at college/university, how often did you feel...?
6. Stressed

14 Aug 2015
Table 68

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMETIMES (NET)	1351 90%
MOST/ALL OF THE TIME (SUB-NET)	747 50%
All of the time	236 16%
Most of the time	511 34%
Sometimes	604 40%
NEVER/RARELY (NET)	151 10%
Rarely	121 8%
Never	30 2%
Sigma	1502 100%

Q851_7. Thinking about your first term at college/university, how often did you feel...?
7. Depressed

14 Aug 2015
Table 69

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMETIMES (NET)	803 53%
MOST/ALL OF THE TIME (SUB-NET)	326 22%
All of the time	104 7%
Most of the time	222 15%
Sometimes	476 32%
NEVER/RARELY (NET)	699 47%
Rarely	385 26%
Never	314 21%
Sigma	1502 100%

Q851_8. Thinking about your first term at college/university, how often did you feel...?

14 Aug 2015
 Table 70

8. Anxious

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMETIMES (NET)	1203 80%
MOST/ALL OF THE TIME (SUB-NET)	577 38%
All of the time	150 10%
Most of the time	427 28%
Sometimes	625 42%
NEVER/RARELY (NET)	299 20%
Rarely	221 15%
Never	78 5%
Sigma	1502 100%

Q851_9. Thinking about your first term at college/university, how often did you feel...?
9. Lonely

14 Aug 2015
Table 71

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMETIMES (NET)	936 62%
MOST/ALL OF THE TIME (SUB-NET)	371 25%
All of the time	114 8%
Most of the time	258 17%
Sometimes	565 38%
NEVER/RARELY (NET)	566 38%
Rarely	375 25%
Never	191 13%
Sigma	1502 100%

Q851_10. Thinking about your first term at college/university, how often did you feel...?
10. Angry

14 Aug 2015
Table 72

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMETIMES (NET)	724 48%
MOST/ALL OF THE TIME (SUB-NET)	153 10%
All of the time	34 2%
Most of the time	119 8%
Sometimes	572 38%
NEVER/RARELY (NET)	778 52%
Rarely	545 36%
Never	233 15%
Sigma	1502 100%

Q856. Compared to other first year students at your college/university, how prepared did you feel in each of the following areas during your first term of college/university?

14 Aug 2015
Table 73

SUMMARY TABLE OF MORE PREPARED

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Academically prepared	675 45%
Emotionally prepared	473 31%

Q856. Compared to other first year students at your college/university, how prepared did you feel in each of the following areas during your first term of college/university?

14 Aug 2015
Table 74

SUMMARY TABLE OF LESS PREPARED

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Emotionally prepared	456 30%
Academically prepared	325 22%

Q856_1. Compared to other first year students at your college/university, how prepared did you feel in each of the following areas during your first term of college/university?

14 Aug 2015
Table 75

1. Emotionally prepared

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
MORE PREPARED (NET)	473
Much more prepared than others students	146 10%
Slightly more prepared than other students	326 22%
The same as other students	573 38%
LESS PREPARED (NET)	456
Slightly less prepared than other students	297 20%
Much less prepared than other students	159 11%
Sigma	1502 100%

Q856_2. Compared to other first year students at your college/university, how prepared did you feel in each of the following areas during your first term of college/university?

14 Aug 2015
Table 76

2. Academically prepared

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
MORE PREPARED (NET)	675
	45%
Much more prepared than others students	219
	15%
Slightly more prepared than other students	456
	30%
The same as other students	502
	33%
LESS PREPARED (NET)	325
	22%
Slightly less prepared than other students	242
	16%
Much less prepared than other students	83
	6%
Sigma	1502
	100%

Q861. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university?

14 Aug 2015
Table 77

SUMMARY TABLE OF BETTER THAN OTHER STUDENTS

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Your academic performance	711 47%
Your physical health	468 31%
Your emotional health (i.e., self-esteem, sense of self, general mood and stress level, control of your emotions and behavior, etc.)	444 30%
Your social life	320 21%

Q861. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university?

14 Aug 2015
Table 78

SUMMARY TABLE OF WORSE THAN OTHER STUDENTS

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Your social life	592 39%
Your emotional health (i.e., self-esteem, sense of self, general mood and stress level, control of your emotions and behavior, etc.)	507 34%
Your physical health	334 22%
Your academic performance	272 18%

Q861_1. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university?

14 Aug 2015
Table 79

1. Your physical health

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
BETTER THAN OTHER STUDENTS (NET)	468
Much better than other students	126 8%
Somewhat better than other students	343 23%
About the same as other students	699 47%
WORSE THAN OTHER STUDENTS (NET)	334
Somewhat worse than other students	267 18%
Much worse than other students	67 4%
Sigma	1502 100%

Q861_2. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university?

2. Your emotional health (i.e., self-esteem, sense of self, general mood and stress level, control of your emotions and behavior, etc.)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
BETTER THAN OTHER STUDENTS (NET)	444
Much better than other students	118 8%
Somewhat better than other students	325 22%
About the same as other students	551 37%
WORSE THAN OTHER STUDENTS (NET)	507
Somewhat worse than other students	350 23%
Much worse than other students	157 10%
Sigma	1502 100%

Q861_3. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university?

14 Aug 2015
Table 81

3. Your academic performance

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
BETTER THAN OTHER STUDENTS (NET)	711
Much better than other students	202 13%
Somewhat better than other students	509 34%
About the same as other students	519 35%
WORSE THAN OTHER STUDENTS (NET)	272
Somewhat worse than other students	202 13%
Much worse than other students	69 5%
Sigma	1502 100%

Q861_4. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university?

14 Aug 2015
Table 82

4. Your social life

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
BETTER THAN OTHER STUDENTS (NET)	320
Much better than other students	71 5%
Somewhat better than other students	249 17%
About the same as other students	590 39%
WORSE THAN OTHER STUDENTS (NET)	592
Somewhat worse than other students	412 27%
Much worse than other students	179 12%
Sigma	1502 100%

Q866. How much do you agree or disagree with the following statements?

SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE

Base: Base Varies

	Total
Social media, television, and movies make college seem a lot more fun than it actually is.	1153 77%
I tell my parents how I am doing academically.	1047 70%
I tend to keep my feelings about the difficulty of college/university to myself.	980 65%
I feel like I am in control of managing the stress of day-to-day college life.	954 64%
I tell my parents how I'm adjusting to college life.	951 63%
My relationship with my parents has gotten much better since I started college.	920 61%
During my first term of college/university, I was extremely concerned about my family back at home. [ASKED ONLY IF NOT LIVING AT HOME]	388 43%
My relationship with my friends from home has gotten better since I started college.	557 37%

Q866. How much do you agree or disagree with the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE

Base: Base Varies

	Total
My relationship with my friends from home has gotten better since I started college.	945 63%
During my first term of college/university, I was extremely concerned about my family back at home. [ASKED ONLY IF NOT LIVING AT HOME]	510 57%
My relationship with my parents has gotten much better since I started college.	582 39%
I tell my parents how I'm adjusting to college life.	551 37%
I feel like I am in control of managing the stress of day-to-day college life.	548 36%
I tend to keep my feelings about the difficulty of college/university to myself.	522 35%
I tell my parents how I am doing academically.	455 30%
Social media, television, and movies make college seem a lot more fun than it actually is.	349 23%

Q866_1. How much do you agree or disagree with the following statements?

1. Social media, television, and movies make college seem a lot more fun than it actually is.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	1153 77%
Strongly agree	518 35%
Somewhat agree	634 42%
STRONGLY/ SOMEWHAT DISAGREE (NET)	349 23%
Somewhat disagree	271 18%
Strongly disagree	79 5%
Sigma	1502 100%

Q866_2. How much do you agree or disagree with the following statements?
2. I feel like I am in control of managing the stress of day-to-day college life.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	954 64%
Strongly agree	168 11%
Somewhat agree	786 52%
STRONGLY/ SOMEWHAT DISAGREE (NET)	548 36%
Somewhat disagree	420 28%
Strongly disagree	128 9%
Sigma	1502 100%

Q866_3. How much do you agree or disagree with the following statements?

3. My relationship with my parents has gotten much better since I started college.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	920 61%
Strongly agree	205 14%
Somewhat agree	715 48%
STRONGLY/ SOMEWHAT DISAGREE (NET)	582 39%
Somewhat disagree	444 30%
Strongly disagree	138 9%
Sigma	1502 100%

Q866_4. How much do you agree or disagree with the following statements?
4. I tend to keep my feelings about the difficulty of college/university to myself.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	980 65%
Strongly agree	328 22%
Somewhat agree	652 43%
STRONGLY/ SOMEWHAT DISAGREE (NET)	522 35%
Somewhat disagree	388 26%
Strongly disagree	134 9%
Sigma	1502 100%

Q866_5. How much do you agree or disagree with the following statements?
5. My relationship with my friends from home has gotten better since I started college.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	557 37%
Strongly agree	98 7%
Somewhat agree	459 31%
STRONGLY/ SOMEWHAT DISAGREE (NET)	945 63%
Somewhat disagree	663 44%
Strongly disagree	283 19%
Sigma	1502 100%

Q866_6. How much do you agree or disagree with the following statements?

6. I tell my parents how I am doing academically.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	1047 70%
Strongly agree	401 27%
Somewhat agree	646 43%
STRONGLY/ SOMEWHAT DISAGREE (NET)	455 30%
Somewhat disagree	307 20%
Strongly disagree	148 10%
Sigma	1502 100%

Q866_7. How much do you agree or disagree with the following statements?
7. I tell my parents how I'm adjusting to college life.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	951 63%
Strongly agree	281 19%
Somewhat agree	670 45%
STRONGLY/ SOMEWHAT DISAGREE (NET)	551 37%
Somewhat disagree	375 25%
Strongly disagree	175 12%
Sigma	1502 100%

Q866_8. How much do you agree or disagree with the following statements?

8. During my first term of college/university, I was extremely concerned about my family back at home. [ASKED ONLY IF NOT LIVING AT HOME]

Base: Qualified Respondents Not Living At Home

	Total
Unweighted Base	972
Weighted Base	898
STRONGLY/SOMEWHAT AGREE (NET)	388 43%
Strongly agree	90 10%
Somewhat agree	298 33%
STRONGLY/ SOMEWHAT DISAGREE (NET)	510 57%
Somewhat disagree	337 38%
Strongly disagree	173 19%
Sigma	898 100%

Q876. How challenging did you find each of the following to be during your first term of college/university?

SUMMARY TABLE OF AT LEAST SOMEWHAT CHALLENGING

Base: Base Varies

	Total
Your academic workload/getting good grades	1214 81%
Managing a learning disability [ASKED ONLY IF HAVE A LEARNING DISABILITY]	85 77%
Balancing schoolwork and other responsibilities such as a job, extracurricular activities, etc	1105 74%
Paying for college expenses (e.g., tuition, school supplies, food, etc.)	1071 71%
Maintaining physical health (e.g., getting exercise, getting enough sleep, eating healthy/balanced diet, etc.)	1052 70%
Keeping in touch with friends and family not at my college/university	994 66%
Maintaining/starting a romantic relationship	963 64%
Making new friends/meeting new people	961 64%
Living with others (e.g., shared bathrooms, having a roommate, lack of privacy) [ASKED ONLY IF LIVING IN GROUP HOUSING]	509 58%
Managing a physical disability [ASKED ONLY IF HAVE A PHYSICAL DISABILITY]	69 56%
Being independent (i.e., living on your own, etc.)	752 50%
Dealing with the emotional health issues of a friend or roommate	718 48%
Being alone	716 48%
Dealing with situations related to sex and sexuality	563 38%
Exposure to and pressure to use alcohol, drugs, or other substances	423 28%

Q876. How challenging did you find each of the following to be during your first term of college/university?
 SUMMARY TABLE OF EXTREMELY/VERY CHALLENGING

Base: Base Varies

	Total
Managing a learning disability [ASKED ONLY IF HAVE A LEARNING DISABILITY]	47 42%
Your academic workload/getting good grades	618 41%
Paying for college expenses (e.g., tuition, school supplies, food, etc.)	604 40%
Balancing schoolwork and other responsibilities such as a job, extracurricular activities, etc	513 34%
Maintaining/starting a romantic relationship	495 33%
Making new friends/meeting new people	458 30%
Keeping in touch with friends and family not at my college/university	424 28%
Maintaining physical health (e.g., getting exercise, getting enough sleep, eating healthy/balanced diet, etc.)	398 26%
Managing a physical disability [ASKED ONLY IF HAVE A PHYSICAL DISABILITY]	28 23%
Living with others (e.g., shared bathrooms, having a roommate, lack of privacy) [ASKED ONLY IF LIVING IN GROUP HOUSING]	197 23%
Being alone	282 19%
Dealing with the emotional health issues of a friend or roommate	244 16%
Being independent (i.e., living on your own, etc.)	238 16%
Dealing with situations related to sex and sexuality	198 13%
Exposure to and pressure to use alcohol, drugs, or other substances	142 9%

Q876. How challenging did you find each of the following to be during your first term of college/university?

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 Table 95

SUMMARY TABLE OF NOT VERY/NOT AT ALL CHALLENGING

Base: Base Varies

	Total
Exposure to and pressure to use alcohol, drugs, or other substances	1079 72%
Dealing with situations related to sex and sexuality	939 62%
Being alone	786 52%
Dealing with the emotional health issues of a friend or roommate	784 52%
Being independent (i.e., living on your own, etc.)	750 50%
Managing a physical disability [ASKED ONLY IF HAVE A PHYSICAL DISABILITY]	54 44%
Living with others (e.g., shared bathrooms, having a roommate, lack of privacy) [ASKED ONLY IF LIVING IN GROUP HOUSING]	367 42%
Making new friends/meeting new people	541 36%
Maintaining/starting a romantic relationship	539 36%
Keeping in touch with friends and family not at my college/university	508 34%
Maintaining physical health (e.g., getting exercise, getting enough sleep, eating healthy/balanced diet, etc.)	450 30%
Paying for college expenses (e.g., tuition, school supplies, food, etc.)	431 29%
Balancing schoolwork and other responsibilities such as a job, extracurricular activities, etc	397 26%
Managing a learning disability [ASKED ONLY IF HAVE A LEARNING DISABILITY]	26 23%
Your academic workload/getting good grades	288 19%

Q876_1. How challenging did you find each of the following to be during your first term of college/university?
1. Living with others (e.g., shared bathrooms, having a roommate, lack of privacy)

Base: Qualified Respondents Living In Group Housing

	Total
Unweighted Base	952
Weighted Base	876
AT LEAST SOMEWHAT CHALLENGING (NET)	509 58%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	197 23%
Extremely challenging	68 8%
Very challenging	129 15%
Somewhat challenging	312 36%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	367 42%
Not very challenging	252 29%
Not at all challenging	115 13%
Sigma	876 100%

Q876_2. How challenging did you find each of the following to be during your first term of college/university?
 2. Making new friends/meeting new people

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 Table 97

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	961 64%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	458 30%
Extremely challenging	165 11%
Very challenging	293 19%
Somewhat challenging	504 34%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	541 36%
Not very challenging	355 24%
Not at all challenging	186 12%
Sigma	1502 100%

Q876_3. How challenging did you find each of the following to be during your first term of college/university?
 3. Balancing schoolwork and other responsibilities such as a job, extracurricular activities, etc

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	1105 74%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	513 34%
Extremely challenging	151 10%
Very challenging	362 24%
Somewhat challenging	592 39%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	397 26%
Not very challenging	279 19%
Not at all challenging	118 8%
Sigma	1502 100%

Q876_4. How challenging did you find each of the following to be during your first term of college/university?
 4. Being independent (i.e., living on your own, etc.)

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 Table 99

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	752 50%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	238 16%
Extremely challenging	75 5%
Very challenging	163 11%
Somewhat challenging	514 34%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	750 50%
Not very challenging	441 29%
Not at all challenging	309 21%
Sigma	1502 100%

Q876_5. How challenging did you find each of the following to be during your first term of college/university?
 5. Paying for college expenses (e.g., tuition, school supplies, food, etc.)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	1071 71%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	604 40%
Extremely challenging	255 17%
Very challenging	349 23%
Somewhat challenging	467 31%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	431 29%
Not very challenging	263 17%
Not at all challenging	169 11%
Sigma	1502 100%

Q876_6. How challenging did you find each of the following to be during your first term of college/university?
 6. Maintaining physical health (e.g., getting exercise, getting enough sleep, eating healthy/balanced diet, etc.)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	1052 70%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	398 26%
Extremely challenging	109 7%
Very challenging	289 19%
Somewhat challenging	654 44%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	450 30%
Not very challenging	295 20%
Not at all challenging	156 10%
Sigma	1502 100%

Q876_7. How challenging did you find each of the following to be during your first term of college/university?
 7. Keeping in touch with friends and family not at my college/university

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Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	994 66%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	424 28%
Extremely challenging	119 8%
Very challenging	305 20%
Somewhat challenging	570 38%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	508 34%
Not very challenging	316 21%
Not at all challenging	192 13%
Sigma	1502 100%

Q876_8. How challenging did you find each of the following to be during your first term of college/university?
 8. Your academic workload/getting good grades

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	1214 81%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	618 41%
Extremely challenging	175 12%
Very challenging	443 29%
Somewhat challenging	596 40%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	288 19%
Not very challenging	203 14%
Not at all challenging	85 6%
Sigma	1502 100%

Q876_9. How challenging did you find each of the following to be during your first term of college/university?
 9. Exposure to and pressure to use alcohol, drugs, or other substances

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Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	423 28%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	142 9%
Extremely challenging	39 3%
Very challenging	103 7%
Somewhat challenging	280 19%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	1079 72%
Not very challenging	430 29%
Not at all challenging	649 43%
Sigma	1502 100%

Q876_10. How challenging did you find each of the following to be during your first term of college/university?

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 Table 105

10. Maintaining/starting a romantic relationship

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	963 64%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	495 33%
Extremely challenging	207 14%
Very challenging	287 19%
Somewhat challenging	468 31%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	539 36%
Not very challenging	287 19%
Not at all challenging	252 17%
Sigma	1502 100%

Q876_11. How challenging did you find each of the following to be during your first term of college/university?

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Table 106

11. Managing a learning disability

Base: Qualified Respondents W/ Learning Disability

	Total
Unweighted Base	118
Weighted Base	110
AT LEAST SOMEWHAT CHALLENGING (NET)	85 77%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	47 42%
Extremely challenging	17 15%
Very challenging	30 27%
Somewhat challenging	38 34%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	26 23%
Not very challenging	15 13%
Not at all challenging	11 10%
Sigma	110 100%

Q876_12. How challenging did you find each of the following to be during your first term of college/university?

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Table 107

12. Managing a physical disability

Base: Qualified Respondents W/ Physical Disability

	Total
Unweighted Base	128
Weighted Base	123
AT LEAST SOMEWHAT CHALLENGING (NET)	69 56%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	28 23%
Extremely challenging	13 10%
Very challenging	16 13%
Somewhat challenging	41 33%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	54 44%
Not very challenging	28 23%
Not at all challenging	26 21%
Sigma	123 100%

Q876_13. How challenging did you find each of the following to be during your first term of college/university?
13. Dealing with situations related to sex and sexuality

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Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	563 38%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	198 13%
Extremely challenging	69 5%
Very challenging	129 9%
Somewhat challenging	365 24%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	939 62%
Not very challenging	447 30%
Not at all challenging	491 33%
Sigma	1502 100%

Q876_14. How challenging did you find each of the following to be during your first term of college/university?
 14. Being alone

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 Table 109

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	716 48%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	282 19%
Extremely challenging	120 8%
Very challenging	161 11%
Somewhat challenging	434 29%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	786 52%
Not very challenging	467 31%
Not at all challenging	319 21%
Sigma	1502 100%

Q876_15. How challenging did you find each of the following to be during your first term of college/university?
 15. Dealing with the emotional health issues of a friend or roommate

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 Table 110

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
AT LEAST SOMEWHAT CHALLENGING (NET)	718 48%
EXTREMELY/ VERY CHALLENGING (SUB-NET)	244 16%
Extremely challenging	75 5%
Very challenging	170 11%
Somewhat challenging	473 32%
NOT VERY/ NOT AT ALL CHALLENGING (NET)	784 52%
Not very challenging	451 30%
Not at all challenging	333 22%
Sigma	1502 100%

Q886. How much do you agree or disagree with the following statements?

SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
My time management skills need improvement.	1103 73%
I wish I was better prepared to deal with the challenges of making the transition to college.	922 61%
I have a hard time making new friends and feeling like I belong.	811 54%
I feel that my college experience is living up to my expectations.	769 51%
My independent living skills need improvement.	748 50%
I struggle to keep up with my schoolwork.	736 49%
It seems like everyone else has college figured out but me.	682 45%
I often prioritize my friends and social life over my schoolwork.	646 43%

Q886. How much do you agree or disagree with the following statements?

SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
I often prioritize my friends and social life over my schoolwork.	856 57%
It seems like everyone else has college figured out but me.	820 55%
I struggle to keep up with my schoolwork.	766 51%
My independent living skills need improvement.	754 50%
I feel that my college experience is living up to my expectations.	733 49%
I have a hard time making new friends and feeling like I belong.	691 46%
I wish I was better prepared to deal with the challenges of making the transition to college.	580 39%
My time management skills need improvement.	399 27%

Q886_1. How much do you agree or disagree with the following statements?

1. I feel that my college experience is living up to my expectations.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	769 51%
Strongly agree	109 7%
Somewhat agree	660 44%
STRONGLY/ SOMEWHAT DISAGREE (NET)	733 49%
Somewhat disagree	489 33%
Strongly disagree	245 16%
Sigma	1502 100%

Q886_2. How much do you agree or disagree with the following statements?

2. I wish I was better prepared to deal with the challenges of making the transition to college.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	922 61%
Strongly agree	282 19%
Somewhat agree	640 43%
STRONGLY/ SOMEWHAT DISAGREE (NET)	580 39%
Somewhat disagree	415 28%
Strongly disagree	165 11%
Sigma	1502 100%

Q886_3. How much do you agree or disagree with the following statements?
3. I often prioritize my friends and social life over my schoolwork.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	646 43%
Strongly agree	139 9%
Somewhat agree	507 34%
STRONGLY/ SOMEWHAT DISAGREE (NET)	856 57%
Somewhat disagree	544 36%
Strongly disagree	312 21%
Sigma	1502 100%

Q886_4. How much do you agree or disagree with the following statements?
4. I struggle to keep up with my schoolwork.

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Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	736 49%
Strongly agree	180 12%
Somewhat agree	556 37%
STRONGLY/ SOMEWHAT DISAGREE (NET)	766 51%
Somewhat disagree	554 37%
Strongly disagree	213 14%
Sigma	1502 100%

Q886_5. How much do you agree or disagree with the following statements?

5. It seems like everyone else has college figured out but me.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	682 45%
Strongly agree	194 13%
Somewhat agree	488 32%
STRONGLY/ SOMEWHAT DISAGREE (NET)	820 55%
Somewhat disagree	539 36%
Strongly disagree	281 19%
Sigma	1502 100%

Q886_6. How much do you agree or disagree with the following statements?

6. I have a hard time making new friends and feeling like I belong.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	811 54%
Strongly agree	293 20%
Somewhat agree	518 34%
STRONGLY/ SOMEWHAT DISAGREE (NET)	691 46%
Somewhat disagree	451 30%
Strongly disagree	239 16%
Sigma	1502 100%

Q886_7. How much do you agree or disagree with the following statements?

7. My time management skills need improvement.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	1103 73%
Strongly agree	427 28%
Somewhat agree	677 45%
STRONGLY/ SOMEWHAT DISAGREE (NET)	399 27%
Somewhat disagree	291 19%
Strongly disagree	107 7%
Sigma	1502 100%

Q886_8. How much do you agree or disagree with the following statements?
8. My independent living skills need improvement.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	748 50%
Strongly agree	185 12%
Somewhat agree	562 37%
STRONGLY/ SOMEWHAT DISAGREE (NET)	754 50%
Somewhat disagree	495 33%
Strongly disagree	260 17%
Sigma	1502 100%

Q890. What is the one piece of advice that you would give to a high school senior about to begin college? - OPEN-ENDED QUESTION - CODED RESPONSES

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
COLLEGE LIFE (NET)	1187 79%
PREPARATION (SUB-NET)	553 37%
Time management/Prioritize	204 14%
Be prepared/Plan ahead	121 8%
Don't procrastinate	105 7%
Choose the right school for you	33 2%
Be organized	24 2%
Pick your major	22 1%
Do research	21 1%
Consider Community/Junior college	18 1%
Get reviews from people who attend there	11 1%
Talk to counselors/advisors	10 1%
Know your roommate ahead of time	8 1%
Apply early	8 1%
Choose/Change your major later	6 *
Other preparation mentions	29 2%
STUDIES (SUB-NET)	500 33%
Work hard/keep up with work	226 15%
Develop good study habits	124 8%
Focus on studies/Pay attention	67 4%
Don't cut class	39 3%
Keep grades up	37 2%
Ask for help when needed	26 2%
Take AP classes/early credits	25 2%

Q890. What is the one piece of advice that you would give to a high school senior about to begin college? - OPEN-ENDED QUESTION - CODED RESPONSES

Base: Qualified Respondents

	Total
Weighted Base	1502
Know your limits/Don't take on too much	19 1%
Other studies mentions	16 1%
LEISURE TIME (SUB-NET)	255 17%
Socialize/Make friends	108 7%
Have fun/be happy	66 4%
Join clubs/activities	59 4%
Relax/Take time for yourself	23 2%
Social scene is better than high school	12 1%
Get to know teachers	9 1%
Don't worry about being judged/what others say	8 1%
Exercise/Staying fit/active benefits you in multiple ways	7 *
Other leisure mentions	5
MISCELLANEOUS COLLEGE LIFE (SUB-NET)	187 12%
College is different/not like high school	86 6%
College is hard	47 3%
College is what you make it	18 1%
Teachers don't hold your hand/It's up to you	12 1%
College is easy/not too hard	11 1%
Other miscellaneous college life mentions	23 2%
PERSONAL GROWTH (NET)	433 29%
Don't stress/everything will work out	127 8%
Learn to become independent	54 4%
Prepare for emotional challenges	51 3%
Don't give up/It's worth it	37 2%
Go to college for yourself/not others	37 2%

Q890. What is the one piece of advice that you would give to a high school senior about to begin college? - OPEN-ENDED QUESTION - CODED RESPONSES

Base: Qualified Respondents

	Total
Weighted Base	1502
Be yourself	34 2%
Challenge yourself/Try new things	32 2%
Don't go down the wrong path (e.g., drugs, parties, poor decisions ect.)	30 2%
Be confident	29 2%
Keep in touch with family/friends	22 1%
Get enough sleep	13 1%
Take care of your health	9 1%
Other personal growth mentions	12 1%
ECONOMY (NET)	94 6%
Save money	27 2%
Apply for scholarships/Financial aid	21 1%
Have an affordable financial plan/budget	15 1%
Don't waste the money	11 1%
Get a job	10 1%
College is expensive/cost of college	8 1%
Other economy mentions	10 1%
MISCELLANEOUS (NET)	54 4%
Wait/take your time	27 2%
Stay local/not too far away	7 *
Other mentions	20 1%
None	7 *
Don't Know	9 1%
Declined to answer	26 2%
Sigma	2377 158%

Q895. Which of the following actions, if any, have you taken to help manage your college life?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
TAKEN ANY ACTION TO HELP MANAGE COLLEGE LIFE (NET)	1315 88%
INCREASED ACTIVITIES (SUB-NET)	756 50%
Joined a club/organization/sport	493 33%
Started a job/ internship	455 30%
Sought advice from my parents	674 45%
REDUCED ACTIVITIES/CLASSES (SUB-NET)	554 37%
Reduced number of classes I am taking	349 23%
Dropped a club/organization/sport	162 11%
Quit a job/internship	160 11%
Cut back on work hours (e.g. only worked weekend, few hours, etc.)	2 *
VISITED A COUNSELING CENTER (SUB-NET)	402 27%
Visited an on-campus counseling center	358 24%
Visited an off-campus counseling center	68 4%
Sought medical advice (e.g. MD, Therapy, etc.)	2 *
Changed my area of academic focus	365 24%
Got a tutor	269 18%
Changed my living situation (e.g., switched roommates, etc.)	227 15%
Meditation/Prayer/Religion	3 *
Took leave of absence	3 *
Planned ahead/Made check list	3 *
Talked to friends	2 *
Changed class schedule	2 *

Q895. Which of the following actions, if any, have you taken to help manage your college life?

Base: Qualified Respondents

	Total
Weighted Base	1502
Other	27 2%
Nothing	187 12%
Sigma	3810 254%

Q896. Which of the following statements, if any, do you agree with?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Drinking alcohol is a normal part of the college/university experience	463 31%
I feel more pressure to drink alcohol now that I'm in college/university	302 20%
Using drugs is a normal part of the college/university experience	237 16%
I feel more pressure to use drugs now that I'm in college/university	154 10%
I sometimes use prescription stimulants (such as Ritalin or Adderall) that were not prescribed to me to help improve my academic performance	75 5%
None	838 56%
Sigma	2070 138%

Q905. Who did you typically turn to for support when you needed it during your first term at your college/university?

Base: Qualified Respondents (Variable Bases)

	Total
ANY (NET)	1342 89%
Friends	1138 76%
FAMILY (SUB-NET)	959 64%
Parents	806 54%
Siblings	413 28%
Other family members	235 16%
SCHOOL STAFF (SUB-NET)	364 24%
College/university faculty (e.g., professors, coaches, etc.)	254 17%
Your resident advisor (RA) [ASKED ONLY IF LIVING ON CAMPUS]	106 14%
Therapist associated with my college/university	88 6%
Religious figure (e.g. priest, pastor, etc.)	124 8%
Therapist (not associated with my college/university)	91 6%
Support group	55 4%
Doctor or other healthcare provider	54 4%
Other	99 7%
No one	160 11%
THERAPIST (SUB-NET)	161 11%

Q910. Which of the following activities, if any, did you typically do when you felt overwhelmed or stressed during your first term at college/university?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Slept	1057 70%
Watched TV/spent time online/played video games	966 64%
Hung out with friends	885 59%
Stayed up late	808 54%
Talked to someone about it	740 49%
Spent time on a hobby (e.g., crafting, reading, woodwork, etc.)	673 45%
Exercised (e.g., played sports, yoga, jogging, etc.)	598 40%
Studied	461 31%
DRUG AND ALCOHOL USE (NET)	325 22%
Drank alcohol	237 16%
Used drugs (e.g., marijuana, cocaine, ecstasy, etc.)	168 11%
Smoked cigarettes/used tobacco	128 9%
Used prescription drugs that were not prescribed to you (e.g., Vicodin, Adderall, Xanax, etc.)	41 3%
Practiced coping skill exercises (e.g., deep breathing, meditate)	316 21%
Increased risk-taking activities (e.g., driving fast/recklessly, driving under the influence, risky sexual behavior)	124 8%
Listened to music	5 .3%
Eating disorder/Binge/Purge	4 .3%
Cried	3 .2%
Prayed	2 .1%
Shopping	2 .1%
Was not stressed	1 .1%

Q910. Which of the following activities, if any, did you typically do when you felt overwhelmed or stressed during your first term at college/university?

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Base: Qualified Respondents

	Total
Weighted Base	1502
Wrote about it on social media	1
Worked	-
Day dreamed/Sat around	-
Something else	35 2%
Nothing	47 3%
POSITIVE ACTIVITIES (NET)	1325 88%
NEGATIVE ACTIVITIES (NET)	924 61%
Sigma	7300 486%

Q916. How much do you agree or disagree with the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
I wish I had more help getting emotionally ready for college.	897 60%
At times, I find it difficult to get emotional support at college/university when I need it.	766 51%

Q916. How much do you agree or disagree with the following statements?
SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
At times, I find it difficult to get emotional support at college/university when I need it.	736 49%
I wish I had more help getting emotionally ready for college.	605 40%

Q916_1. How much do you agree or disagree with the following statements?

1. I wish I had more help getting emotionally ready for college.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	897 60%
Strongly agree	323 21%
Somewhat agree	575 38%
STRONGLY/ SOMEWHAT DISAGREE (NET)	605 40%
Somewhat disagree	426 28%
Strongly disagree	178 12%
Sigma	1502 100%

Q916_2. How much do you agree or disagree with the following statements?
2. At times, I find it difficult to get emotional support at college/university when I need it.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STRONGLY/SOMEWHAT AGREE (NET)	766 51%
Strongly agree	212 14%
Somewhat agree	554 37%
STRONGLY/ SOMEWHAT DISAGREE (NET)	736 49%
Somewhat disagree	523 35%
Strongly disagree	213 14%
Sigma	1502 100%

Q1000. Is the school that you currently attend...?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
A public college or university	1208 80%
A private college or university	271 18%
Not sure	23 2%
Sigma	1502 100%

Q1005. In your opinion, which one of the following best describes the level of academic competition among students at the college/university that you currently attend?

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Table 131

Base: Four Year College Students

	Total
Unweighted Base	1072
Weighted Base	995
High	271 27%
Moderate	612 61%
Low	106 11%
None	6 1%
Sigma	995 100%

Q1015. How many undergraduate students are enrolled in your college or university?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
SMALL: LESS THAN 5,000 (NET)	519 35%
Less than 1,000	95 6%
1,000 - 4,999	423 28%
MEDIUM: 5,000-19,999 (NET)	615 41%
5,000 - 9,999	346 23%
10,000 - 19,999	268 18%
MORE THAN 20,000 (NET)	368 25%
20,000 - 29,999	201 13%
30,000 or more	167 11%
Sigma	1502 100%

Q1020. In terms of driving, how far is the college/university you are attending from home?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
5 HOURS OR LESS (NET)	1315 88%
Less than 1 hour	756 50%
1-2 hours	341 23%
3-5 hours	218 14%
6 HOURS OR MORE (NET)	187 12%
6-8 hours	86 6%
9-10 hours	15 1%
More than 10 hours	86 6%
MEAN	2.5
STD. DEV.	2.56
STD. ERR.	0.07
MEDIAN	1
Sigma	1502 100%

Q1025. Approximately how often did you go home during your first term of college/university?

Base: If Not Living At Home

	Total
Unweighted Base	972
Weighted Base	898
AT LEAST A FEW TIMES A MONTH (NET)	318 35%
Every day	43 5%
A few times a week	33 4%
Once a week	76 8%
A few times a month	167 19%
ONCE A MONTH OR LESS OFTEN (NET)	580 65%
Once a month	130 15%
A few times during the semester	288 32%
Once in the whole semester, or less	161 18%
Sigma	898 100%

Q1030. With whom did you live during your first term of college/university?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
One or more other students	680 45%
My parent(s)	614 41%
No one/I lived by myself	90 6%
Other relatives	69 5%
My spouse, partner, or significant other	48 3%
Friends who are not at the school I am attending	44 3%
My child(ren)	10 1%
Other	31 2%
Sigma	1587 106%

Q1035. Which of the following best describes the primary area of your studies or intended major?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
STEM (science, technology, engineering, or mathematics)	474 32%
Social sciences (e.g., anthropology, economics, geography, history, political science, psychology, sociology)	229 15%
Business	210 14%
Humanities (e.g., languages, literatures, art, music, philosophy, religion)	149 10%
Education	87 6%
Other	231 15%
Undeclared/Undecided	121 8%
Sigma	1502 100%

Q1045. Did either of your parents graduate from college?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
No	521 35%
YES (NET)	942 63%
Yes, both parents	504 34%
Yes, just one parent	438 29%
Not sure	39 3%
Sigma	1502 100%

Q1051. Do you have a sibling who attended college or is currently attending college?

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Table 138

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Yes	686 46%
No	816 54%
Sigma	1502 100%

Q1060. Which of the following income categories best describes your parents'/guardians' total household income in 2014?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
LESS THAN 50K (NET)	497 33%
Less than \$15,000	100 7%
\$15,000 to \$24,999	110 7%
\$25,000 to \$34,999	118 8%
\$35,000 to \$49,999	170 11%
\$50K OR HIGHER (NET)	745 50%
\$50,000 to \$74,999	218 15%
\$75,000 to \$99,999	200 13%
\$100,000 to \$124,999	130 9%
\$125,000 to \$149,999	49 3%
\$150,000 to \$199,999	79 5%
\$200,000 to \$249,999	25 2%
\$250,000 or more	45 3%
Not sure	259 17%
MEAN (In 000's)	78.5
STD. DEV.	58.54
STD. ERR.	1.66
MEDIAN (In 000's)	43
Sigma	1502 100%

Q1065. Did you receive any of the following forms of financial aid?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
ANY (NET)	1178 78%
Student loans	624 42%
Merit-based grants or scholarships	555 37%
Pell grant	517 34%
Need-based grants or scholarships	416 28%
Work-study	181 12%
Military grants	32 2%
Other	98 7%
Not sure	78 5%
I am not receiving any financial aid	246 16%
Sigma	2748 183%

Q1105. Which of the following conditions, if any, have you ever been diagnosed with or treated for by a physician or other healthcare provider?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Anxiety	324 22%
Depression	321 21%
Attention deficit hyperactivity disorder (ADHD)	139 9%
Self-harm (e.g., cutting, burning or other ways of intentionally injuring yourself)	134 9%
Insomnia	113 8%
Disordered eating or eating disorder	76 5%
Bipolar disorder	48 3%
Prescription or illegal drug abuse	24 2%
Alcohol abuse	19 1%
Borderline personality disorder	17 1%
None	931 62%
Decline to answer	43 3%
Sigma	2188 146%

Q1111_1. When were you first diagnosed with this condition by a physician or other healthcare provider?
1. Attention deficit hyperactivity disorder (ADHD)

Base: Has Ever Been Diagnosed With Or Treated

	Total
Unweighted Base	133
Weighted Base	139
Before college	123 89%
During college	16 11%
Sigma	139 100%

Q1111_2. When were you first diagnosed with this condition by a physician or other healthcare provider?
2. Disordered eating or eating disorder

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Table 143

Base: Has Ever Been Diagnosed With Or Treated

	Total
Unweighted Base	85
Weighted Base	76
Before college	69 91%
During college	7 9%
Sigma	76 100%

Q1111_3. When were you first diagnosed with this condition by a physician or other healthcare provider?
3. Borderline personality disorder

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Table 144

Base: Has Ever Been Diagnosed With Or Treated

	Total
Unweighted Base	22
Weighted Base	17
Before college	11 66%
During college	6 34%
Sigma	17 100%

Q1111_4. When were you first diagnosed with this condition by a physician or other healthcare provider?
4. Bipolar disorder

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Table 145

Base: Has Ever Been Diagnosed With Or Treated

	Total
Unweighted Base	53
Weighted Base	48
Before college	37 78%
During college	10 22%
Sigma	48 100%

Q1111_5. When were you first diagnosed with this condition by a physician or other healthcare provider?
5. Depression

Base: Has Ever Been Diagnosed With Or Treated

	Total
Unweighted Base	351
Weighted Base	321
Before college	271 84%
During college	50 16%
Sigma	321 100%

Q1111_6. When were you first diagnosed with this condition by a physician or other healthcare provider?
6. Anxiety

Base: Has Ever Been Diagnosed With Or Treated

	Total
Unweighted Base	350
Weighted Base	324
Before college	258 80%
During college	66 20%
Sigma	324 100%

Q1111_7. When were you first diagnosed with this condition by a physician or other healthcare provider?
7. Alcohol abuse

Base: Has Ever Been Diagnosed With Or Treated

	Total
Unweighted Base	20
Weighted Base	19
Before college	10 55%
During college	9 45%
Sigma	19 100%

Q1111_8. When were you first diagnosed with this condition by a physician or other healthcare provider?
8. Prescription or illegal drug abuse

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Table 149

Base: Has Ever Been Diagnosed With Or Treated

	Total
Unweighted Base	21
Weighted Base	24
Before college	20 83%
During college	4 17%
Sigma	24 100%

Q1111_9. When were you first diagnosed with this condition by a physician or other healthcare provider?
9. Self-harm (e.g., cutting, burning or other ways of intentionally injuring yourself)

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Table 150

Base: Has Ever Been Diagnosed With Or Treated

	Total
Unweighted Base	145
Weighted Base	134
Before college	127 95%
During college	7 5%
Sigma	134 100%

Q1111_10. When were you first diagnosed with this condition by a physician or other healthcare provider?
10. Insomnia

Base: Has Ever Been Diagnosed With Or Treated

	Total
Unweighted Base	119
Weighted Base	113
Before college	89 79%
During college	24 21%
Sigma	113 100%

Q1106. Which of the following, if any, did you consume regularly during your first term of college/university?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
ANY (NET)	448 30%
Alcohol	348 23%
Marijuana	252 17%
PRESCRIPTION DRUGS (SUB-NET)	68 5%
Prescription stimulants that were not prescribed to me (e.g. Ritalin, Adderall)	42 3%
Prescription depressants that were not prescribed to me (e.g. Xanax, Valium)	26 2%
Prescription pain relievers that were not prescribed to me (e.g. Vicodin, OxyContin)	24 2%
ILLEGAL DRUGS (SUB-NET)	48 3%
Hallucinogens (e.g. LSD, Psilocybin mushrooms, etc.)	31 2%
Cocaine	20 1%
Ecstasy	20 1%
Heroin	9 1%
Other	11 1%
None	1014 67%
Decline to answer	40 3%
Sigma	1838 122%

Q1200_1. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you?
1. Parent(s)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
0	42 3%
1	476 32%
2	963 64%
3+	20 1%
MEAN	1.7
STD. DEV.	0.95
STD. ERR.	0.02
MEDIAN	2
Sigma	1502 100%

Q1200_2. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you?
2. Step-parent(s)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
0	1305 87%
1	185 12%
2	7
3+	5
MEAN	0.2
STD. DEV.	0.55
STD. ERR.	0.01
MEDIAN	-
Sigma	1502 100%

Q1200_3. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you?
3. Grandparent(s)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
0	1328 88%
1	100 7%
2	53 4%
3+	22 1%
MEAN	0.2
STD. DEV.	1.12
STD. ERR.	0.03
MEDIAN	-
Sigma	1502 100%

Q1200_4. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you?
4. Sibling(s)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
0	375 25%
1	595 40%
2	344 23%
3+	188 13%
MEAN	1.3
STD. DEV.	1.40
STD. ERR.	0.04
MEDIAN	1
Sigma	1502 100%

Q1200_5. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you?
5. Step-sibling(s)

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
0	1419 94%
1	48 3%
2	20 1%
3+	16 1%
MEAN	0.1
STD. DEV.	0.73
STD. ERR.	0.02
MEDIAN	-
Sigma	1502 100%

Q1200_6. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you?
6. Other relative(s) (e.g., aunt, uncle, cousin, nephew, niece)

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Table 158

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
0	1360 91%
1	75 5%
2	28 2%
3+	39 3%
MEAN	0.3
STD. DEV.	1.22
STD. ERR.	0.03
MEDIAN	-
Sigma	1502 100%

Q605. Are you currently enrolled as a...?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Full-time student	1337 89%
Part-time student	165 11%
Sigma	1502 100%

Q630. Which of the following best describes the types of classes that you are taking this term?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Some of the classes that I attend are online and some are in-person. (This can also include hybrid classes, where the class is taught partly online and partly in person.)	395 26%
All of my classes are in-person with other students in a classroom or lecture hall. I attend no classes online.	1107 74%
Sigma	1502 100%

Q635. Where did you live most of the time during your first term while classes were in session at your college/university?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
In an on-campus/school dorm	732 49%
At home, with my parents	604 40%
In an off-campus apartment/house/dorm that is not campus-owned (not with parents)	112 7%
In an off-campus apartment/house/dorm that is owned by the college	27 2%
In fraternity/sorority housing	4 .3%
Somewhere else	22 1%
NOT AT HOME WITH PARENTS (NET)	898 60%
Sigma	1502 100%

Q368. Including yourself, how many people age 18 or older live in your household?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
1	226 15%
2	315 21%
3	583 39%
4	270 18%
5+	104 7%
Decline to answer	4 †
MEAN	2.8
STD. DEV.	1.25
STD. ERR.	0.03
MEDIAN	3
Sigma	1502 100%

Q372. How many people under the age of 18 live in your household?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
0	683 45%
1	460 31%
2	222 15%
3	82 5%
4	27 2%
5+	13 1%
Decline to answer	15 1%
MEAN	0.9
STD. DEV.	1.17
STD. ERR.	0.03
MEDIAN	1
Sigma	1502 100%

Q320. U.S. Region-Harris Interactive Definition.

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Table 164

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
East	310 21%
Midwest	337 22%
South	462 31%
West	393 26%
Sigma	1502 100%

Q485 (S3). Racial Background.

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
White	769 51%
Hispanic	375 25%
Black	179 12%
Asian or Pacific Islander	114 8%
Native American or Alaskan Native	6 *
Mixed Race	5 *
Some other race	29 2%
Decline to Answer	26 2%
Sigma	1502 100%

Q364. What is your marital status?

Base: Qualified Respondents 18+

	Total
Unweighted Base	1476
Weighted Base	1424
Never married	1359 95%
Married or civil union	5 *
Divorced	5 *
Separated	3 *
Widow/Widower	-
Living with partner	52 4%
Sigma	1424 100%

Q600. At which of the following are you currently enrolled or taking courses to earn a degree?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
2-year or junior college or community college	507 34%
4-year college or university	995 66%
Sigma	1502 100%

Q498. Of the following, which do you consider yourself to be?

Base: Qualified Respondents

	Total
Unweighted Base	1502
Weighted Base	1502
Heterosexual (Straight)	1230 82%
Lesbian	25 2%
Gay	32 2%
Bisexual	115 8%
Transgender	-
Decline to answer	22 1%
Other	42 3%
Not sure	37 2%
Sigma	1502 100%

<u>Page</u>	<u>Table</u>	<u>Title</u>
1	1	Q280. Respondent Age.
2	2	Q601. What is your sex assigned at birth (what the doctor put on your birth certificate)?
3	3	Q602. What is your gender?
4	4	Q625. In which state is the school you are currently attending located?
5	5	Q700. From what type of high school did you graduate?
6	6	Q705. In what state did you attend high school?
7	7	Q711_1. During your final year in high school how many hours per week did you spend on each of the following? 1. Extracurricular activities (e.g., sports, clubs, band/choir, student government, church group, volunteerism, etc.)
8	8	Q711_2. During your final year in high school how many hours per week did you spend on each of the following? 2. An internship or job
9	9	Q721. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school? SUMMARY TABLE OF BETTER THAN OTHER STUDENTS
10	10	Q721. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school? SUMMARY TABLE OF WORSE THAN OTHER STUDENTS
11	11	Q721_1. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school? 1. Your physical health
12	12	Q721_2. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school? 2. Your emotional health (e.g., self-esteem, sense of self, general mood and stress level, control of your emotions and behavior, etc.)
13	13	Q721_3. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school? 3. Your academic performance
14	14	Q721_4. Compared to other students at your/in high school, how would you rate each of the following areas of your life during your final year in high school? 4. Your social life
15	15	Q730. Which of the following activities, if any, did you typically do when you felt overwhelmed or stressed during your final year in high school?
16	16	Q740. In which of the following ways, if any, did you prepare yourself for attending college/university during your final year in high school?
17	17	Q751. How much do you agree or disagree with the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE
18	18	Q751. How much do you agree or disagree with the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE
19	19	Q751_1. How much do you agree or disagree with the following statements? 1. My parent(s)/guardian(s) heavily influenced my college/university choice.
20	20	Q751_2. How much do you agree or disagree with the following statements? 2. I felt a great deal of pressure to go to a well-known college/university.
21	21	Q751_3. How much do you agree or disagree with the following statements? 3. My high school placed greater emphasis on college prestige than college fit.
22	22	Q751_4. How much do you agree or disagree with the following statements? 4. In high school, there was more emphasis placed on being ready academically for college than being ready emotionally.
23	23	Q1041. Which of the following, if any, describes you? SUMMARY TABLE OF YES
25	24	Q1041_1. Which of the following, if any, describes you? 1. I pledged a fraternity or sorority during my first term of college/university.
26	25	Q1041_2. Which of the following, if any, describes you? 2. I am currently pledging a fraternity or sorority.
27	26	Q1041_3. Which of the following, if any, describes you? 3. I transferred to a different school after my first term of college/university.
28	27	Q1041_4. Which of the following, if any, describes you? 4. I seriously considered transferring schools at some point during my first term of college/university but didn't.
29	28	Q1041_5. Which of the following, if any, describes you? 5. I played a college varsity/junior varsity sport during my first term of college/university.
30	29	Q1041_6. Which of the following, if any, describes you? 6. Prior to college, I had lived away from home for more than one month (e.g., sleepaway camp, boarding school, vacation without immediate family members, etc.).
31	30	Q1041_7. Which of the following, if any, describes you? 7. I took a year or more between high school and beginning college/university.
32	31	Q1041_8. Which of the following, if any, describes you? 8. I took a leave of absence or withdrawal after my first term of college/university.
33	32	Q1041_9. Which of the following, if any, describes you? 9. I considered not going to college.

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34	33	Q1041_10. Which of the following, if any, describes you? 10. I have been diagnosed with a learning disability.
35	34	Q1041_11. Which of the following, if any, describes you? 11. I have a physical condition or limitation.
36	35	Q1041_12. Which of the following, if any, describes you? 12. My parents are helping me pay for my college tuition.
37	36	Q1041_13. Which of the following, if any, describes you? 13. My parents are helping to support me financially while I'm in college (e.g., for food, laundry, groceries, books, etc.)
38	37	Q871. How challenging did you expect each of the following to be before you started college/university? SUMMARY TABLE OF AT LEAST SOMEWHAT CHALLENGING
39	38	Q871. How challenging did you expect each of the following to be before you started college/university? SUMMARY TABLE OF EXTREMELY/VERY CHALLENGING
40	39	Q871. How challenging did you expect each of the following to be before you started college/university? SUMMARY TABLE OF NOT VERY/NOT AT ALL CHALLENGING
41	40	Q871_1. How challenging did you expect each of the following to be before you started college/university? 1. Living with others (e.g., shared bathrooms, having a roommate, lack of privacy)
42	41	Q871_2. How challenging did you expect each of the following to be before you started college/university? 2. Making new friends/meeting new people
43	42	Q871_3. How challenging did you expect each of the following to be before you started college/university? 3. Balancing schoolwork and other responsibilities such as a job, extracurricular activities, etc
44	43	Q871_4. How challenging did you expect each of the following to be before you started college/university? 4. Being independent (i.e., living on your own, etc.)
45	44	Q871_5. How challenging did you expect each of the following to be before you started college/university? 5. Paying for college expenses (e.g., tuition, school supplies, food, etc.)
46	45	Q871_6. How challenging did you expect each of the following to be before you started college/university? 6. Maintaining physical health (e.g., getting exercise, getting enough sleep, eating healthy/balanced diet, etc.)
47	46	Q871_7. How challenging did you expect each of the following to be before you started college/university? 7. Keeping in touch with friends and family not at my college/university
48	47	Q871_8. How challenging did you expect each of the following to be before you started college/university? 8. Your academic workload/getting good grades
49	48	Q871_9. How challenging did you expect each of the following to be before you started college/university? 9. Exposure to and pressure to use alcohol, drugs, or other substances
50	49	Q871_10. How challenging did you expect each of the following to be before you started college/university? 10. Maintaining/starting a romantic relationship
51	50	Q871_11. How challenging did you expect each of the following to be before you started college/university? 11. Managing a learning disability
52	51	Q871_12. How challenging did you expect each of the following to be before you started college/university? 12. Managing a physical disability
53	52	Q871_13. How challenging did you expect each of the following to be before you started college/university? 13. Dealing with situations related to sex and sexuality
54	53	Q871_14. How challenging did you expect each of the following to be before you started college/university? 14. Being alone
55	54	Q871_15. How challenging did you expect each of the following to be before you started college/university? 15. Dealing with the emotional health issues of a friend or roommate
56	55	Q810. How would you rate your overall experience during the first term of college/university?
57	56	Q815. In a typical school week, how many hours did you spend on schoolwork during your first term of college/university?
58	57	Q820. What was your college grade point average (GPA) last term?
59	58	Q826_1. During your first term of college/university, in a typical week, how many hours per week did you spend on each of the following? 1. Extracurricular activities (e.g., sports, clubs, band/choir, student government, church group, volunteerism, etc.)
60	59	Q826_2. During your first term of college/university, in a typical week, how many hours per week did you spend on each of the following? 2. An internship, work-study or job
61	60	Q851. Thinking about your first term at college/university, how often did you feel...? SUMMARY TABLE OF AT LEAST SOMETIMES
62	61	Q851. Thinking about your first term at college/university, how often did you feel...? SUMMARY TABLE OF MOST/ALL OF THE TIME
63	62	Q851. Thinking about your first term at college/university, how often did you feel...? SUMMARY TABLE OF NEVER/RARELY
64	63	Q851_1. Thinking about your first term at college/university, how often did you feel...? 1. Optimistic
65	64	Q851_2. Thinking about your first term at college/university, how often did you feel...? 2. Happy
66	65	Q851_3. Thinking about your first term at college/university, how often did you feel...? 3. Confident

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67	66	Q851_4. Thinking about your first term at college/university, how often did you feel...? 4. In control
68	67	Q851_5. Thinking about your first term at college/university, how often did you feel...? 5. Overwhelmed
69	68	Q851_6. Thinking about your first term at college/university, how often did you feel...? 6. Stressed
70	69	Q851_7. Thinking about your first term at college/university, how often did you feel...? 7. Depressed
71	70	Q851_8. Thinking about your first term at college/university, how often did you feel...? 8. Anxious
72	71	Q851_9. Thinking about your first term at college/university, how often did you feel...? 9. Lonely
73	72	Q851_10. Thinking about your first term at college/university, how often did you feel...? 10. Angry
74	73	Q856. Compared to other first year students at your college/university, how prepared did you feel in each of the following areas during your first term of college/university? SUMMARY TABLE OF MORE PREPARED
75	74	Q856. Compared to other first year students at your college/university, how prepared did you feel in each of the following areas during your first term of college/university? SUMMARY TABLE OF LESS PREPARED
76	75	Q856_1. Compared to other first year students at your college/university, how prepared did you feel in each of the following areas during your first term of college/university? 1. Emotionally prepared
77	76	Q856_2. Compared to other first year students at your college/university, how prepared did you feel in each of the following areas during your first term of college/university? 2. Academically prepared
78	77	Q861. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university? SUMMARY TABLE OF BETTER THAN OTHER STUDENTS
79	78	Q861. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university? SUMMARY TABLE OF WORSE THAN OTHER STUDENTS
80	79	Q861_1. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university? 1. Your physical health
81	80	Q861_2. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university? 2. Your emotional health (i.e., self-esteem, sense of self, general mood and stress level, control of your emotions and behavior, etc.)
82	81	Q861_3. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university? 3. Your academic performance
83	82	Q861_4. Compared to other students at your college/university, how would you rate each of the following areas of your life during your first term of college/university? 4. Your social life
84	83	Q866. How much do you agree or disagree with the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE
85	84	Q866. How much do you agree or disagree with the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE
86	85	Q866_1. How much do you agree or disagree with the following statements? 1. Social media, television, and movies make college seem a lot more fun than it actually is.
87	86	Q866_2. How much do you agree or disagree with the following statements? 2. I feel like I am in control of managing the stress of day-to-day college life.
88	87	Q866_3. How much do you agree or disagree with the following statements? 3. My relationship with my parents has gotten much better since I started college.
89	88	Q866_4. How much do you agree or disagree with the following statements? 4. I tend to keep my feelings about the difficulty of college/university to myself.
90	89	Q866_5. How much do you agree or disagree with the following statements? 5. My relationship with my friends from home has gotten better since I started college.
91	90	Q866_6. How much do you agree or disagree with the following statements? 6. I tell my parents how I am doing academically.
92	91	Q866_7. How much do you agree or disagree with the following statements? 7. I tell my parents how I'm adjusting to college life.
93	92	Q866_8. How much do you agree or disagree with the following statements? 8. During my first term of college/university, I was extremely concerned about my family back at home. [ASKED ONLY IF NOT LIVING AT HOME]
94	93	Q876. How challenging did you find each of the following to be during your first term of college/university? SUMMARY TABLE OF AT LEAST SOMEWHAT CHALLENGING

Page	Table	Title
95	94	Q876. How challenging did you find each of the following to be during your first term of college/university? SUMMARY TABLE OF EXTREMELY/VERY CHALLENGING
96	95	Q876. How challenging did you find each of the following to be during your first term of college/university? SUMMARY TABLE OF NOT VERY/NOT AT ALL CHALLENGING
97	96	Q876_1. How challenging did you find each of the following to be during your first term of college/university? 1. Living with others (e.g., shared bathrooms, having a roommate, lack of privacy)
98	97	Q876_2. How challenging did you find each of the following to be during your first term of college/university? 2. Making new friends/meeting new people
99	98	Q876_3. How challenging did you find each of the following to be during your first term of college/university? 3. Balancing schoolwork and other responsibilities such as a job, extracurricular activities, etc
100	99	Q876_4. How challenging did you find each of the following to be during your first term of college/university? 4. Being independent (i.e., living on your own, etc.)
101	100	Q876_5. How challenging did you find each of the following to be during your first term of college/university? 5. Paying for college expenses (e.g., tuition, school supplies, food, etc.)
102	101	Q876_6. How challenging did you find each of the following to be during your first term of college/university? 6. Maintaining physical health (e.g., getting exercise, getting enough sleep, eating healthy/balanced diet, etc.)
103	102	Q876_7. How challenging did you find each of the following to be during your first term of college/university? 7. Keeping in touch with friends and family not at my college/university
104	103	Q876_8. How challenging did you find each of the following to be during your first term of college/university? 8. Your academic workload/getting good grades
105	104	Q876_9. How challenging did you find each of the following to be during your first term of college/university? 9. Exposure to and pressure to use alcohol, drugs, or other substances
106	105	Q876_10. How challenging did you find each of the following to be during your first term of college/university? 10. Maintaining/starting a romantic relationship
107	106	Q876_11. How challenging did you find each of the following to be during your first term of college/university? 11. Managing a learning disability
108	107	Q876_12. How challenging did you find each of the following to be during your first term of college/university? 12. Managing a physical disability
109	108	Q876_13. How challenging did you find each of the following to be during your first term of college/university? 13. Dealing with situations related to sex and sexuality
110	109	Q876_14. How challenging did you find each of the following to be during your first term of college/university? 14. Being alone
111	110	Q876_15. How challenging did you find each of the following to be during your first term of college/university? 15. Dealing with the emotional health issues of a friend or roommate
112	111	Q886. How much do you agree or disagree with the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE
113	112	Q886. How much do you agree or disagree with the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE
114	113	Q886_1. How much do you agree or disagree with the following statements? 1. I feel that my college experience is living up to my expectations.
115	114	Q886_2. How much do you agree or disagree with the following statements? 2. I wish I was better prepared to deal with the challenges of making the transition to college.
116	115	Q886_3. How much do you agree or disagree with the following statements? 3. I often prioritize my friends and social life over my schoolwork.
117	116	Q886_4. How much do you agree or disagree with the following statements? 4. I struggle to keep up with my schoolwork.
118	117	Q886_5. How much do you agree or disagree with the following statements? 5. It seems like everyone else has college figured out but me.
119	118	Q886_6. How much do you agree or disagree with the following statements? 6. I have a hard time making new friends and feeling like I belong.
120	119	Q886_7. How much do you agree or disagree with the following statements? 7. My time management skills need improvement.
121	120	Q886_8. How much do you agree or disagree with the following statements? 8. My independent living skills need improvement.
122	121	Q890. What is the one piece of advice that you would give to a high school senior about to begin college? - OPEN-ENDED QUESTION - CODED RESPONSES
125	122	Q895. Which of the following actions, if any, have you taken to help manage your college life?
127	123	Q896. Which of the following statements, if any, do you agree with?
128	124	Q905. Who did you typically turn to for support when you needed it during your first term at your college/university?
129	125	Q910. Which of the following activities, if any, did you typically do when you felt overwhelmed or stressed during your first term at college/university?
131	126	Q916. How much do you agree or disagree with the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT AGREE
132	127	Q916. How much do you agree or disagree with the following statements? SUMMARY TABLE OF STRONGLY/SOMEWHAT DISAGREE

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133	128	Q916_1. How much do you agree or disagree with the following statements? 1. I wish I had more help getting emotionally ready for college.
134	129	Q916_2. How much do you agree or disagree with the following statements? 2. At times, I find it difficult to get emotional support at college/university when I need it.
135	130	Q1000. Is the school that you currently attend...?
136	131	Q1005. In your opinion, which one of the following best describes the level of academic competition among students at the college/university that you currently attend?
137	132	Q1015. How many undergraduate students are enrolled in your college or university?
138	133	Q1020. In terms of driving, how far is the college/university you are attending from home?
139	134	Q1025. Approximately how often did you go home during your first term of college/university?
140	135	Q1030. With whom did you live during your first term of college/university?
141	136	Q1035. Which of the following best describes the primary area of your studies or intended major?
142	137	Q1045. Did either of your parents graduate from college?
143	138	Q1051. Do you have a sibling who attended college or is currently attending college?
144	139	Q1060. Which of the following income categories best describes your parents'/guardians' total household income in 2014?
145	140	Q1065. Did you receive any of the following forms of financial aid?
146	141	Q1105. Which of the following conditions, if any, have you ever been diagnosed with or treated for by a physician or other healthcare provider?
147	142	Q1111_1. When were you first diagnosed with this condition by a physician or other healthcare provider? 1. Attention deficit hyperactivity disorder (ADHD)
148	143	Q1111_2. When were you first diagnosed with this condition by a physician or other healthcare provider? 2. Disordered eating or eating disorder
149	144	Q1111_3. When were you first diagnosed with this condition by a physician or other healthcare provider? 3. Borderline personality disorder
150	145	Q1111_4. When were you first diagnosed with this condition by a physician or other healthcare provider? 4. Bipolar disorder
151	146	Q1111_5. When were you first diagnosed with this condition by a physician or other healthcare provider? 5. Depression
152	147	Q1111_6. When were you first diagnosed with this condition by a physician or other healthcare provider? 6. Anxiety
153	148	Q1111_7. When were you first diagnosed with this condition by a physician or other healthcare provider? 7. Alcohol abuse
154	149	Q1111_8. When were you first diagnosed with this condition by a physician or other healthcare provider? 8. Prescription or illegal drug abuse
155	150	Q1111_9. When were you first diagnosed with this condition by a physician or other healthcare provider? 9. Self-harm (e.g., cutting, burning or other ways of intentionally injuring yourself)
156	151	Q1111_10. When were you first diagnosed with this condition by a physician or other healthcare provider? 10. Insomnia
157	152	Q1106. Which of the following, if any, did you consume regularly during your first term of college/university?
158	153	Q1200_1. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you? 1. Parent(s)
159	154	Q1200_2. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you? 2. Step-parent(s)
160	155	Q1200_3. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you? 3. Grandparent(s)
161	156	Q1200_4. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you? 4. Sibling(s)
162	157	Q1200_5. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you? 5. Step-sibling(s)
163	158	Q1200_6. For the majority of your time in high school, how many adults lived in your household and what was their relationship to you? 6. Other relative(s) (e.g., aunt, uncle, cousin, nephew, niece)
164	159	Q605. Are you currently enrolled as a...?
165	160	Q630. Which of the following best describes the types of classes that you are taking this term?
166	161	Q635. Where did you live most of the time during your first term while classes were in session at your college/university?
167	162	Q368. Including yourself, how many people age 18 or older live in your household?
168	163	Q372. How many people under the age of 18 live in your household?
169	164	Q320. U.S. Region-Harris Interactive Definition.
170	165	Q485 (S3). Racial Background.
171	166	Q364. What is your marital status?
172	167	Q600. At which of the following are you currently enrolled or taking courses to earn a degree?

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173 168 Q498. Of the following, which do you consider yourself to be?