



SET TO GO

A JED PROGRAM

Right Fit Worksheet

This worksheet will help you determine the “Right Fit Score” for each school you are considering. Fill out one worksheet for each school. The higher the score, the better the fit!

School Name: _____

Right Fit Score:

GENERAL INFORMATION

Location (City & State): _____

Distance from Home (check one): Near Far

Diversity of Student Body: _____

Environment (check one): Rural Urban

School Size: _____

Personality: _____

Annual Tuition: _____

The basic culture and demographic of this school for me is (check one):

A good fit A manageable fit Not a fit

Notes: _____

Tuition to attend this school would be (circle one):

Not an issue Stressful but manageable Very stressful

Notes: _____



SET TO GO

A JED PROGRAM

ACADEMIC SUPPORT

Average Class Size: _____

Advisor System: _____

Tutoring/Support Program(s): _____

Academic Intensity: _____

Academically, I feel like this school is (check one):

- A strong fit An ok fit A poor fit

Notes: _____

STUDENT LIFE

Popular Activities/Organizations (check all that apply):

- Greek life
 Sports (varsity or intramural/club)
 Culture groups
 Academic clubs
 Community service

Housing (check one):

- Mostly on-campus/dorms Mostly off-campus

Based on cultural and social groups with which I identify (check one):

- I see myself fully represented in campus activities/groups
 I see parts of myself represented in campus activities/groups
 I don't see myself represented in campus activities/groups

Notes: _____



SET TO GO

A JED PROGRAM

Based on my specific talents/interests/activities, this school has (check one):

- Lots of outlets for me Some outlets for me Not enough outlets for me

Notes: _____

TRANSITION SUPPORT

New Student Orientation Details: _____

Know Someone Who is Attending? (check one):

- Yes No

Programs that Support First-Year Students: _____

I feel like the transition to this school would be (check one):

- Very smooth Manageable Challenging

Notes: _____

EMOTIONAL WELLNESS

Gym: _____

Cost: _____

Hours: _____

Health Center Information: _____

Counseling Center Information: _____



SET TO GO

A JED PROGRAM

Wellness/Mental Health Programs: _____

24-Hour Mental Health Help? (check one):

Yes No

Nearby Mental Health Services? (check one):

Yes No

Insurance Coverage: _____

Student Health Center: _____

Counseling Appointments: _____

On-site support for pre-existing medical/mental health conditions? (check one):

Yes No

This level of health and wellness support feels (check one):

Very good/supportive Sufficient but not ideal Insufficient/lacking

Notes: _____



SET TO GO

A JED PROGRAM

Grading Key – Scoring Your Right Fit Worksheet

Once you have completed a Right Fit worksheet for a specific school, assign points to each of your answers based on the grading key to find out what your Right Fit score with that school is on a scale of 0 – 100.

GENERAL INFORMATION

The basic culture and demographic of this school for me is:

A good fit	10 pts
A manageable fit	5 pts
Not a fit	0 pts

Tuition to attend this school would be:

Not an issue	10 pts
Stressful but manageable	5 pts
Very stressful	0 pts

ACADEMIC SUPPORT

Academically, I feel like this school is:

A strong fit	20 pts
An ok fit	10 pts
A poor fit	0 pts

STUDENT LIFE

Based on cultural and social groups with which I identify:

I see myself fully represented in campus activities/groups	10 pts
I see parts of myself represented in campus activities/groups	5 pts
I don't see myself represented in campus activities/groups	0 pts

Based on my specific talents/interests/activities, this school has:

Lots of outlets for me	10 pts
Some outlets for me	5 pts
Not enough outlets for me	0 pts



SET TO GO

A JED PROGRAM

TRANSITION SUPPORT

I feel like the transition to this school would be:

Very smooth	20 pts
Manageable	10 pts
Challenging	0 pts

EMOTIONAL WELLNESS

This level of health and wellness support feels:

Very good/supportive	20 pts
Sufficient but not ideal	10 pts
Insufficient/lacking	0 pts

TOTAL*: _____

*put this number in the box on the first page for easy reference!